


















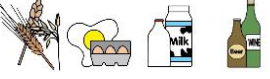




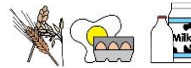


































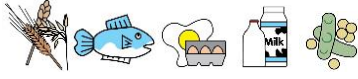







# Spring Menu

Week 1			
	Breakfast	Lunch	Tea
Monday	Hot Buttered Toast Milk 	Sweet & Sour Vegetables With Quorn Rice & Prawn Crackers  Mix Fruit & Cream 	Vegetable Soup Bread & Butter  Fresh Fruit
Tuesday	Cornflakes Fruit Juice 	Salmon & Broccoli Pasta Bake Carrots Crusty Bread  Vanilla Tapioca 	Mini Jackets Grated Cheese  Cranberry Slice 
Wednesday	Rice Snaps Fruit Juice 	Sausage in Onion Gravy Creamed Potatoes, Cauliflower & Peas with Yorkshire Pudding  Fruit Yogurt 	Savoury Couscous Rustic Tomato Sauce  Flap Jack 
Thursday	Hot Buttered Toast Milk 	Sweet Potato Falafel Couscous & Mixed Vegetables Garlic & Tomato Sauce  Apple & Sultana Pie & Custard 	Fish Finger Sandwich  Fresh Fruit
Friday	Hot Buttered Toast Milk 	Cheesy Scotch Eggs Sauté Potatoes & Beans  Chocolate Sponge & Custard 	Vegetable Pasta  Fresh Fruit






















# Spring Menus

Week 2			
	Breakfast	Lunch	Tea
Monday	Hot Buttered Toast Milk 	Veggie Sausage Couscous Mixed Vegetables & Tomato Sauce  Pear & Ginger Cake with Custard 	Veg & Lentil Pasta  Vanilla Shortbread 
Tuesday	Hot Buttered Toast Milk 	Shepherd's Pie Swede & Onion Gravy  Apple & Cinnamon Crumble With Cream 	Savoury Couscous with Chick Peas Tomato Sauce  Fresh Fruit
Wednesday	Bran flakes Fruit Juice 	Tuna & Cheese Fishcakes Sauté Potatoes & Peas  Banana & Vanilla Ice Cream 	Beans on Toast  Fruit Fresh
Thursday	Hot Buttered Toast Milk 	Mexican Vegetable Chilli Rice & Pitta Bread  Fruit Yoghurt 	Jacket Wedges Homemade Hummus Chocolate Slice 
Friday	Rice Snaps Fruit Juice 	Sweet Potato, Butternut Squash & Mushroom Lasagne Green Beans  Semolina & Raisins 	Tomato Soup Bread & Butter  Fresh Fruit

# Spring Menus

Week 3			
	Breakfast	Lunch	Tea
Monday	Cornflakes Fruit Juice 	Sausage, Leak & Mushroom Bake White Cabbage Gravy  Banana & Raisin Ground Rice with Cinnamon 	Toasted Teacakes  Fruit Fresh
Tuesday	Hot Buttered Toast Milk 	Fish, Chips & Mushy Peas  Fruit Jelly & Cream 	Vegetable Chilli Pitta Fingers  Oat Biscuit 
Wednesday	Hot Buttered Toast Milk 	Vegetable & Lentil Curry Rice & Naan Bread  Pear & Strawberry Crumble Custard 	Bolognese Pasta  Fresh Fruit
Thursday	Bran Flakes Fruit Juice 	Tuna & Cheese Balls Vegetable Couscous Herb & Tomato Sauce  Fruit Yogurt 	Smiley Faces & Beans  Chocolate Orange Shortbread 
Friday	Hot Buttered Toast Milk 	Macaroni Cheese Country Style Mixed Vegetables Crusty Bread  Lemon Sponge & Custard 	Spring Rolls Noodles Sweet & Sour Sauce  Fresh Fruit

# Spring Menu

Week 4			
	Breakfast	Lunch	Tea
Monday	Hot Buttered Toast Milk 	Lasagne & Mixed Vegetables Tomato & Herb Bread  Fruit Yoghurt 	Pizza Margarita  Fresh Fruit
Tuesday	Rice Snap Fruit Juice 	Sweet Potato & Courgette Curry Rice & Poppadum  Kiwi Cheese Cake 	Salmon & Broccoli Fishcakes Spaghetti  Fresh Fruit
Wednesday	Hot Buttered Toast Milk 	Vegetable Ragu with Spaghetti Garlic Bread  Eves Pudding & Custard 	Potato Waffles Chick Pea Salsa Banana Loaf 
Thursday	Hot Buttered Toast Milk 	Mini Jacket Potatoes Cheesy Coleslaw & Beans  Rice Pudding & Sultanas 	Tomato & Veg Pasta  Crunchy Biscuit 
Friday	Cornflakes Fruit Juice 	Fish Pie Carrots & Swede  Arctic Roll 	Savoury Couscous With Halloumi Tomato Sauce  Fresh Fruit